FIRE UP THE GRILL
TOSS A SALAD WITH BARBECUED MUSHROOMS {page 19}

STAYING SOBER
PERRY HEADS BACK TO REHAB {page 17}

VANCOUVER
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Monday, May 16, 2011
www.metronews.ca
News worth sharing.

DARRYL DYCK/THE CANADIAN PRESS

Captain caps rally

▶ Canuck Henrik Sedin, left, celebrates his game-winning goal against the San Jose Sharks with his twin brother Daniel during Game 1 of the NHL Western Conference final in Vancouver yesterday. The Canucks scored twice in the third period to win 3-2. Story, page 24.

Local

SlutWalk hits city streets

More than 1,000 march to denounce sexual violence, victim-blaming culture {page 3}

Zip those lips

Some things are better left unsaid to new grads {page 18}

'Survival for another day'

Paul Sullivan weighs in on the battle for Insite {page 12}

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Walking a way to end blame, shame

How women dress shouldn't be reason for sexual assaults, SlutWalk Vancouver organizers say

PHYLICIA TORREVILLAS
VANCOUVER@METRONEWS.CA

More than 1,000 people braved the rain yesterday to join SlutWalk Vancouver and stand up against sex shaming and victim blaming.

Katie Nordgren, one of the SlutWalk organizers, said using the word "slut" in the event's name has been a source of criticism, but they agreed to use the word to serve their goal of starting conversations about sexualized violence.

"It's an unpleasant concept," Nordgren said. "It's a word used to shut women down and devalue them ... That is why we're using the word that makes people uncomfortable because they should be uncomfortable."

The first-ever SlutWalk started in Toronto, where a police officer told a group of university students to not dress like "sluts" to avoid being sexually victimized.

A Saanich police statement warning women to not walk at night or alone to avoid sex assault — following a brutal sexual attack on a Victoria woman in March — is one of the reasons for SlutWalk Vancouver, organizers said.

According to co-organizer Katie Raso, Vancouver's sex assault rates have skyrocketed since 2008 and may be indicative of the victim-blaming culture.

"No matter how a woman dresses, she is of equal value and deserves as much respect as anyone else in our community," Raso said.

SlutWalk Vancouver organizers said they want to remind people that the onus of the crime should be on the assailant and not on the victim to change the "don't get raped culture to a don't rape culture."

PHYLICIA TORREVILLAS/FOR METRO

▶ A SlutWalk Vancouver participant bares her body yesterday at the Vancouver Art Gallery to stand up against victim blaming.

Rescued porpoise dies

A porpoise rescued last month off Salt Spring Island died early yesterday morning despite efforts by Vancouver Aquarium staff to resuscitate him, the aquarium said yesterday.

Siyay, a young male porpoise, was found beached on April 26 and was rushed to the Vancouver Aquarium's Marine Mammal Rescue Centre by hovercraft where vets and volunteers provided around-the-clock care for the animal, which was suffering from a number of ailments including lungworm, gastric ulcerations and muscle weakness.

JOHN HEALEY/VANCOUVER AQUARIUM

▶ Siyay during his rescue last month.

At the time, aquarium veterinarian Dr. Martin Haulena estimated Siyay had a 10 per cent chance of survival.

A necropsy was conducted yesterday with the initial results scheduled to be revealed today. METRO

News in brief

Boy, 8, survives fall from 4th floor window

ABBOTSFORD. An eight-year-old boy survived a plummet from a fourth-storey window in Abbotsford Saturday.

Police say the boy, despite suffering several fractures and internal injuries, was conscious and able to tell emergency personnel what happened to him around 1:45 p.m. The boy was airlifted to hospital for treatment.

MATT KIELTYKA

Late night stabbing

DOWNTOWN EASTSIDE. A man was taken to hospital with serious, but non-life-threatening, injuries following a stabbing Saturday in the 700 block of East Hastings Street.

Shortly after 11 p.m. police arrived at the scene and discovered that a 33-year-old New Westminster resident had been stabbed twice in the torso by two suspects who fled the area immediately after the assault.

The victim was rushed to hospital and remains in stable condition with non-life-threatening injuries.

SAHARA GIANNONE

1 news

Detailed calendar marks the final months of man stranded in Oregon woods. Scan code for story.

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Guidy Mamann on the impact of the Conservatives' major overhaul of Canada's humanitarian policy. More at metronews.ca/immigration

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News in brief

Woman waits six days for surgery

HOSPITAL. A Langley woman spent six days in a Surrey Memorial Hospital hallway with a broken arm awaiting surgery, CBC News reported yesterday. Lee Campbell, 65, finally underwent surgery Saturday. She broke her arm Monday morning — almost a week earlier. Campbell was on an unplanned surgery list, but was pushed her further back on each day by other unplanned surgeries. METRO

Clark says she will fix HST

TAX. Premier Christy Clark has told delegates at a Liberal party convention in Penticton that she will make changes to the HST by the end of this month. Clark did not announce her planned changes, but says they are bold, smart and focus on families.
THE CANADIAN PRESS

Family still seeking justice

SHOOTING. The family of a slain Surrey man is still waiting for a break in the case, two years after he was shot in a Cloverdale strip club. Christopher Whitmee was gunned down in the bathroom of the Legacy Show Lounge May 16, 2009 in a case of mistaken identity, according to investigators. On Saturday, Whitmee's 11-year-old daughter, Lexus Burkholder-Whitmee, and her mother, Heather Burkholder, launched a flyer campaign in an attempt to spur new information in the case.
MATT KIELTKYA

Face of stadium set for abrupt change

- Construction of renovations still on time and on budget
- Cosmetic changes will take effect 'very quickly'

MATT KIELTKYA
@METRONEWS.CA

With construction at B.C. Place stadium at the 65 per cent mark, B.C. Pavilion Corporation said the public will see drastic changes soon.

Since the downtown stadium was closed for renovations and installation of a new retractable roof, the view from outside has remained mostly unchanged.

The 36 support masts now lined the structure and the cable-supported roof is standing without supports but B.C. Place still looks like a far cry from the stunning artist rendering teased to the public.

That will change soon, said PavCo CEO David Podmore.

MATT KIELTYKA/METRO

PavCo CEO David Podmore and ministers Mary McNeil and Pat Bell take a tour of B.C. Place stadium in Vancouver yesterday.

"You're going to start seeing the building change form very quickly," he said during a guided tour of the stadium yesterday.

Podmore said the $563-million project is still set for completion in time for the Sept. 30 game between the B.C. Lions and Edmonton Eskimos.

Upcoming

- Temporary centre field scaffolding to be removed
- Roof fabric installation
- Installation of new turf field
- Installation of new seats, sound system and centre-hung video board
- Completion of window glazing and new Terry Fox Memorial
- Testing of mechanical and electrical systems
- Lions and Eskimos play stadium opener Sept. 30
- Whitecaps play first game at stadium vs. Portland Oct. 2

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SECOND ATTEMPT

Last launch for shuttle Endeavour

With wounded U.S. Representative Gabrielle Giffords on hand to watch, the space shuttle Endeavour is poised to give the work week a roaring and historic start this morning, overcoming wiring problems that grounded it last month.

Giffords' arrival yesterday afternoon included a quick fly-by of Endeavour on the launch pad.

"Gabrielle is excited for the launch. Do you plan to see history in the making?" her staff tweeted.

NASA officials said conditions, from weather to technical issues, couldn't look much better for the scheduled 8:56 a.m. launch today.

NASA is expecting smaller crowds — 400,000 people instead of 750,000 people — for the second attempt.

THE ASSOCIATED PRESS

Floodgates breached

Authorities were warning people to get out of low-lying areas as water gushing from a floodgate for the first time in four decades crept closer to communities in Louisiana.

Most residents heeded the warnings yesterday.

THE ASSOCIATED PRESS

78 injured at Egyptian sit-in

Egypt's top Christian leader called on his followers to end a weeklong sit-in yesterday in front of a government building after a mob attacked the Christian protesters and their supporters, injuring 78.

THE ASSOCIATED PRESS

'The great seducer' or the great assaulter?

JIM WATSON/GETTY IMAGES

▶ International Monetary Fund managing director Dominique Strauss-Kahn.

IMF leader arrested less than 4 hours after alleged assault in N.Y.

Dominique Strauss-Kahn's nickname was "the great seducer." Not even an affair with a subordinate could knock the International Monetary Fund leader off a political path headed for the French presidency.

All that changed with charges he sexually assaulted a maid in his hotel room, a case that generated shock and revulsion, especially in his home country.

The 32-year-old maid told authorities when she entered his suite Saturday afternoon, she thought it was unoccupied. Instead, Strauss-Kahn emerged from the bathroom naked, chased her down a hallway and pulled her into a room, where he forced her to perform oral sex on him and tried to remove her underwear, authorities said.

"He denies all the charges against him," said Benjamin Brafman, his lawyer.

Unless the charges are dropped, they could destroy his chances in a presidential race that is just starting to heat up.

THE ASSOCIATED PRESS

EMMANUEL DUNAND/GETTY IMAGES

▶ Headlines in two New York newspapers.

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ED WHITE/THE ASSOCIATED PRESS

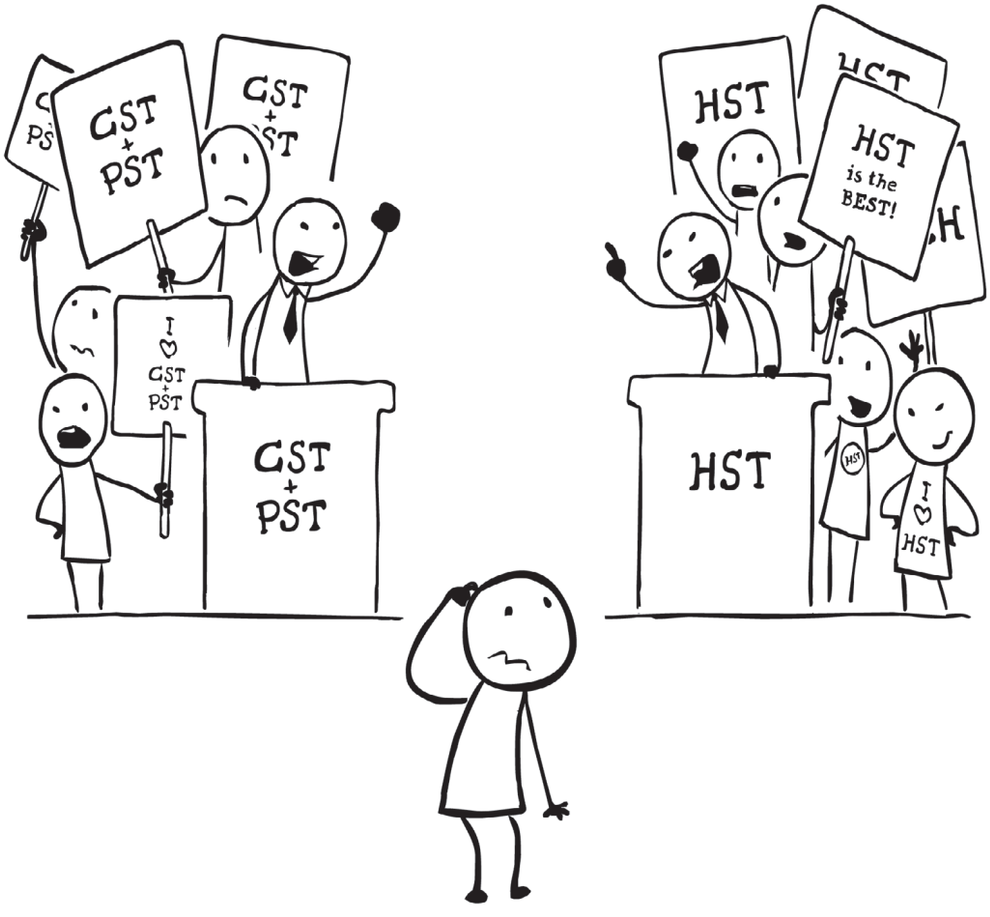
▶ Authorities say many small Michigan airports are being used for drug deliveries from Canada.

Drug bust reveals high smuggling

Beefed-up enforcement along the Mexican border has made smuggling more challenging via the major southern routes, but drugs continue to flow across the porous northern border through small airports as U.S. officials look for new ways to fight back.

A 2009 bust at the Sandusky Municipal Airport in Michigan exposed the use of tiny airports by Canadian smugglers.

Homeland Security Secretary Janet Napolitano says the U.S. hopes to start tapping into 22 Canadian radars to fill surveillance gaps. THE ASSOCIATED PRESS



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BRITISH COLUMBIA

Unrest on all fronts

Protesters storm Israeli borders in deadly clashes Israel points finger at Syria as orchestrator

Mobilized by calls on Facebook, thousands of Arab protesters marched on Israel's borders with Syria, Lebanon and Gaza yesterday in an unprecedented wave of demonstrations, sparking clashes that left at least 15 people dead in an annual Palestinian mourning ritual marking the anniversary of Israel's birth.

In a surprising turn of events, hundreds of Palestinians and supporters poured across the Syrian frontier and staged riots, drawing Israeli accusations that Damascus, and its ally Iran, orchestrated the unrest to shift attention from an uprising back home. It was a rare incursion from the usually tightly controlled Syrian side and could upset the delicate balance between the two longtime foes.

Prime Minister Benjamin Netanyahu, who heads to Washington at the end of the week, said he ordered the military to act with "maximum restraint" but vowed a tough response to further provocations.

"Nobody should be mistaken. We are determined to defend our borders and sovereignty," he declared in a brief address broadcast live on Israeli TV stations.

THE ASSOCIATED PRESS

MENAHEM KAHANA/GETTY IMAGES

▶ Israeli policemen guard the border fence yesterday as residents of Majdal Shams stand on the hill after mainly Palestinian protesters crossed from Syria into the Israeli-annexed Golan Heights close to the Druze village of Majdal Shams to mark Nakba Day.

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MUSADEQ SADEQ/THE ASSOCIATED PRESS

▶ U.S. Senator John Kerry speaks during a press conference at the U.S. Embassy in Kabul, Afghanistan, yesterday.

In the wake of bin Laden

U.S. Senator John Kerry reiterates scope of recent events, their effect
Says finger pointing counterproductive, positivity needed to move forward

U.S. Senator John Kerry warned yesterday that already shaky U.S.-Pakistani relations have reached a critical juncture as calls grow in the United States to cut some of the billions of dollars in aid to Islamabad following al-Qaida leader Osama bin Laden's killing.

Kerry, who spoke in Afghanistan before travelling to Pakistan, said sober and serious discussion was needed to resolve the widening rift amid growing suspicion that Pakistan's security forces were complicit in harbouring the al-Qaida leader, who was killed May 2 in a raid by U.S. Navy SEALs near Islamabad.

"We need to find a way to march forward if it is possible. If it is not possible, there are a set of downside consequences that can be profound."
U.S. SENATOR JOHN KERRY

For its part, Pakistan is angry that it was not told about the raid in Abbottabad until after it was completed, saying its sovereignty was violated.

"We want to be hopeful and optimistic that we can work our way through this," he said.

But he made clear that patience was running thin in Washington after it was discovered that the terror leader had been living for years in a compound in a military garrison town that includes Pakistan's equivalent of West Point.

THE ASSOCIATED PRESS

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Lowered expectations

High oil prices force economists to revise predictions for U.S. growth

Economists are scaling back their expectations for U.S. economic growth this year.

A survey by the U.S. National Association for Business Economics predicts gross domestic product will grow 2.8 per cent this year, down from its February prediction that it would grow 3.3 per cent. The outlook for consumer spending and the housing market also weakened, in part because oil prices are expected to remain above $100 US a barrel through 2012.

A panel of 41 economists also said they "remain highly concerned" about the federal deficit, and said growth in the first three months of the year had been weaker than expected.

The predictions reflect the jitters of the American public, who are still recovering from the recession and are now getting squeezed by rising prices for gas, groceries and other household items. Retailers are paying more for fuel, cotton, wood pulp and other raw materials, as well as transport, and they say they have no choice but to pass along the price increases to customers.

Business spending was the bright spot in the NABE predictions. The economists expect investment in business equipment and software to rise 11.9 per cent this year, partly because of pent-up demand after spending cuts during the recession. Corporate profits will rise by 8.5 per cent, they predict.

THE ASSOCIATED PRESS

Growing pains

- **The economists also** lowered predictions for consumer spending growth (2.8 per cent, down from 3.2 per cent), and housing starts (610,000, down from 660,000). They also expect housing prices to fall 1.5 per cent, after saying they would rise 0.4 per cent.
- **They expect oil prices to** remain elevated at $103 US a barrel through 2012.

Arrest of IMF chief won't stop eurozone meetings

ALEX WONG/GETTY IMAGES

▶ John Lipsky

The arrest of Dominique Strauss-Kahn, managing director of the International Monetary Fund, complicates a key European meeting on whether to give Greece billions more in aid, but experts said one man's troubles won't keep the 17 eurozone nations from trying to contain a debt crisis that threatens them all.

The financial leaders are to discuss Greece's economy today in Brussels where experts will brief them on the situation in Athens. Key questions include what conditions to put on more help to the debt-strapped nation, with European leaders unhappy at what they see as limited Greek efforts to raise money by selling government property.

Strauss-Kahn was arrested yesterday in New York on suspicion of sexual assault on a hotel maid. The IMF has named Strauss-Kahn's deputy, John Lipsky, acting managing director.

Strauss-Kahn had to cancel a meeting with Chancellor Angela Merkel in Berlin, where the German public is deeply skeptical about putting up any more money for Greece. Germany provided a large chunk of the $151-billion bailout for Greece last year.

THE ASSOCIATED PRESS

Chain. Gang

▶ "We are in the U.S. for the long haul," Tim Hortons CEO Don Schroeder told shareholders Friday.

FRANK GUNN/THE CANADIAN PRESS

Shifting ground

Tim Hortons says it still sees potential for growth in the United States even though it closed 54 money-losing stores and kiosks in New England in the past few months. Chief executive Don Schroeder said the company will focus on promoting its brands in core border cities. Tim's still has some 600 stores in the U.S. and is moving ahead with plans to open 70 to 90 more by the end of the year.

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Yahoo in talks over Alipay

Yahoo Inc. and Alibaba Group are engaged in "productive negotiations" over the online payment service Alipay, the tech giants said yesterday. Yahoo owns 43 per cent of Internet company Alibaba. On Tuesday, Yahoo's stock fell when it announced that Wall Street Alibaba had spun off Alipay to another company. THE ASSOCIATED PRESS

Green light for PlayStation Network

SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS

▶ Sony executive Kazuo Hirai says the company has beefed up security to protect PlayStation customers' personal data. He also offered "sincere regret" for the hacker intrusion.

Among the 100 million user accounts, Sony says about 92 million can access limited network service

Sony began restoring its PlayStation Network service yesterday after shutting it down almost a month ago because of a massive security breach that affected more than 100 million online accounts.

Restored operations are limited mainly to online gaming, chat and music streaming services. Sony said it aimed to fully restore the PlayStation Network by the end of the month.

Sony also began a phased restoration of its Qriocity movie and music services, which share the PlayStation Network's server.

Kazuo Hirai, chief of Sony's PlayStation video game unit, said the company has enhanced security measures to protect customers' personal data, and added that Sony had not received any reports of the stolen information being used illegally.

The probe into the hacker attack is ongoing.

THE ASSOCIATED PRESS

Playing havoc

- **Sony Corp.'s PlayStation** Network is a system that links gamers in live play. Sony shut it down on April 20 after discovering it had been hacked and customers' personal data compromised.
- **Since the shutdown,** Sony's share price has dropped nearly nine per cent to close at 2,241 yen ($27) on Friday.

Keep TMX Canadian, rival bidders say

A group of four big banks and five pension funds has submitted a $3.6-billion rival bid for TMX Group — operator of the Toronto stock exchange — in the hope of derailing a merger with the London stock exchange.

The companies, who call themselves Maple Group Acquisition Corp., say their bid will enable TMX Group to achieve the scale and efficiency it needs to succeed in an increasingly competitive marketplace, while preserving Canadian governance, decision-making and regulatory oversight.

Maple's investors include: Alberta Investment Management Corporation, Caisse de depot et placement du Quebec, Canada Pension Plan Investment Board, CIBC World Markets, Fonds de solidarite des travailleurs du Quebec, National Bank Financial, Ontario Teachers' Pension Plan Board, Scotia Capital and TD Securities.

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No more oil until war over: Libyan producer

Libya's largest petroleum company will not produce oil until the war ends, and that probably holds good for producers across the country, a spokesman said yesterday.

Abdeljalil Mohamed Mayuf, information director of Arab Gulf Oil Co. — responsible for more than one-quarter of Libya's former production of 1.6 million barrels a day — said the company feared further attacks by ruler Moammar Gadhafi's forces.

The decision came after rocket attacks on April 4 badly damaged a pumping station and production facilities at southeast Messla. A pumping station on the pipeline to Tobruk port also came under attack.

"We cannot put an army around each field," Mayuf said, adding that resuming production "depends on this military operation and when Gadhafi leaves."

Libya's three-month revolt against Gadhafi has caused oil prices to soar.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar
↓ – 31.42 (13,358.01)	↓ – 0.84¢ (103.09¢ US)
Oil	**Natural gas 1,000 cu ft**
↓ – $1.01 US ($97.96 US)	$4.17 US (– 2.4¢ US)
	Gold
	$1,491 US (– $15.80 US)

Macau gambles on diversifying economy

The Galaxy Macau, a multi-billion-dollar casino resort complex, opened yesterday as Macau seeks to draw a broader mix of visitors than the high-rolling mainland Chinese who have helped the city become the world's most lucrative gambling market.

The launch of Macau's 34th casino comes as the city seeks to diversify its economy away from gambling after years of soaring growth that helped it overtake Las Vegas as the world's top casino market.

Macau's economy has boomed since a four-decade casino monopoly was broken in 2002, opening the way for U.S. and Australian operators to enter the market with local partners. Monthly casino revenues so far in 2011 have grown by at least 33 per cent, after surging by more than half last year to $23.5 billion.

The former Portuguese colony, once considered seedy and corrupt, now aims to develop cultural attractions that can draw more middle-class families who will stay longer.

THE ASSOCIATED PRESS

Another Galaxy

- **The $1.9-billion complex,** owned by Galaxy Entertainment Group, has 450 gambling tables and space for up to 1,500 slot machines.
- **It also boasts a 40,000-**square-foot wave pool and an artificial beach built with 350 tons of white sand. Guests can stay at three hotels with a total of 2,200 rooms.
- **The Galaxy Macau is the** only casino scheduled to open in the city this year.

VINCENT YU/THE ASSOCIATED PRESS

▶ Visitors pose with hostesses at the Galaxy Macau casino, which opened yesterday to the crackle of firecrackers and the beat of a traditional Chinese lion dance.

TIME TO INJECT LIFE INTO INSITE

URBAN COMPASS

PAUL SULLIVAN
METRO VANCOUVER

There's an epidemic of drug addiction in Vancouver.

Thousands of addicts have gravitated to the Downtown Eastside where the weather is mild and the drugs are plentiful.

According to police stats, about 70 per cent of the city's crime is drug-related.

Addicts steal to fuel their habits. Drug dealers wage war on each other and their customers because drug dealers don't belong to the Better Business Bureau.

People strung out on crystal meth, crack cocaine and heroin wander the streets looking for handouts to score a fix, scaring the tourists.

Every year, a fresh supply of addicts, some so young it breaks your heart, populate the street and alleys. No matter what we do, nothing seems to work.

Except Insite. Insite works.

"Numerous addicts have come forward to testify that Insite saved their lives when they were otherwise doomed. So why does the federal government want to shut Insite down?"

Insite is the safe injection site in the Downtown Eastside, and since it opened in 2003, there have been 2,400 overdoses on site without a single death as a result.

Fatal overdoses in the vicinity of Insite dropped 35 per cent in the two years after it opened, according to a recent study published in the Lancet, the international medical journal. Such big news, it even made Time magazine.

Research also shows that along with the decline in the number of deaths, harm to addicts has been reduced across the board, especially the rate of infection of killers such as HIV and hepatitis C.

Supervised injection, clean needles, and available counselling all work. Numerous addicts have come forward to testify that Insite saved their lives when they were otherwise doomed. So why does the federal government want to shut Insite down?

It has gone all the way to the Supreme Court to get it closed, even though the province and mayors of Vancouver, past and present, regardless of political affiliation, want it to stay open.

Either the federal government has lost its collective mind (possible) or it is deluded (likely). Deluded into thinking that by giving addicts a safe place to do what they're going to do anyway, Insite encourages drug abuse, flouts the laws governing illegal substances, and reinforces moral and ethical failure.

Even if that's the case, and there's no evidence to back it up and plenty that points otherwise, our own government is ignoring the lives saved.

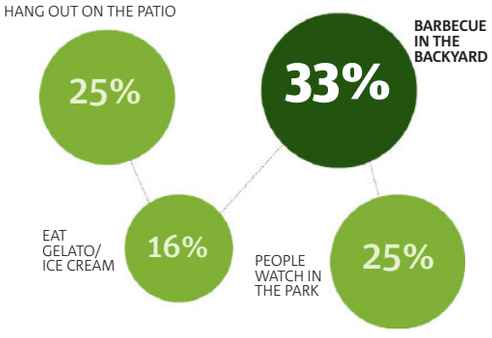
The feds should know that dead people are difficult to get into rehab. There's no talking to dead people.

Insite is all about survival for another day. That could be the day that makes the difference.

And speaking of crime, shutting it down would be criminal.

metro life panel **Register at metrolifepanel.ca and take the quick poll**

What's your favourite summer activity?



Local tweets

- **@julessiu:** It's still grey and wet in #Vancouver): Maybe the warmer temperature is giving me false hope that the sun will come out soon!
- **@jackygilbertson:** All the great signs here would make a sweet feminist rap! #slutwalk #Vancouver
- **@hemmm:** What could have been: Seattle Supersonics vs. Vancouver Grizzlies in Game 7. #vancouver #nba
- **@IRastafari:** #Seattle is kickin' #Vancouver's ass right now! #NBAplayoffs #theNBAplayoffs #ExpansionTeams
- **@Dmaki891:** A pair of confused looking guys in Canucks jerseys here at #slutwalk #vancouver. I think they might have came with the wrong intentions.
- **@PstTnse:** 83 yrs ago: Boxer from the East End closing in on world championship title http://bit.ly/kxHXSZ #Vancouver
- **@MayorGregor:** Just confirmed @CBCVancouver & City showing #Canucks games on big screen downtown for rest of playoffs @ Georgia/Hamilton!

Worth mentioning

MONTREAL. Didn't get around to dusting this weekend? Don't worry. It turns out dust might actually hold some benefits for you.

The perennial household nuisance actually purifies the air by neutralizing ozone that can harm our lungs.

Dust can do this because one of its major components is human skin — which contains the ozone-eliminating component squalene.

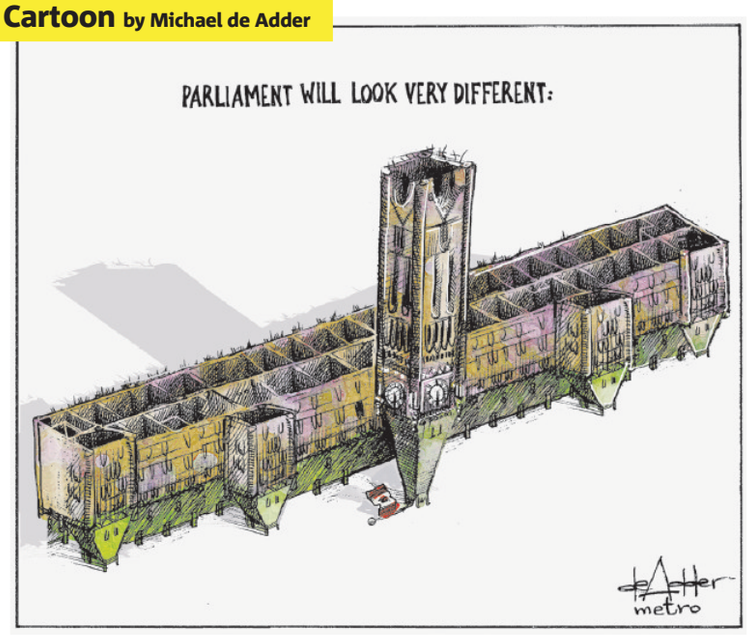
Humans constantly shed their skin, losing up to 500 million cells per day. At that rate, according to Charles Weschler, who helped author a study whose results were announced last week by the American Chemical Society, it would take a person two to four weeks to turn over all of the skin cells on their body.

It's these skin flakes that clean the air. Their squalene helps neutralize ozone.

Most people might think of ozone as a good thing — and it is, when it's up high in the atmosphere and protecting us from ultraviolet radiation. But when it's down here, closer to us in the air that we breathe, it's a pollutant.

THE CANADIAN PRESS

Cartoon by Michael de Adder

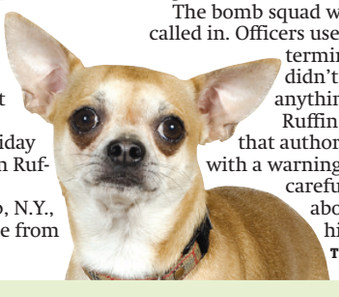


WEIRD NEWS

When you gotta go, you gotta go

A dog that wasn't quite housebroken may have indirectly been responsible for a bomb scare at a New York courthouse.

The trouble began Friday when 19-year-old Melvin Ruffin arrived at a court complex in Central Islip, N.Y., following a long bus ride from his home in Bellport.



During the trip, another passenger's chihuahua urinated on his backpack.

So he stashed the wet bag in some bushes while he went inside to answer a disorderly conduct citation.

But a retired police officer saw the bag and alerted security.

The bomb squad was ultimately called in. Officers used a robot to determine the bag didn't contain anything harmful.

Ruffin tells Newsday that authorities let him off with a warning to be more careful next time about where he left his stuff.

THE ASSOCIATED PRESS

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2 scene

Is Okkervil primed for the mainstream?

Despite positive press, band's singer-songwriter is not sure commercial breakthrough lies ahead

HANDOUT

▶ Okkervil River's frontman Will Sheff, centre, produced the band's new album I Am Very Far himself. "I am incredibly proud of this record," he said. "I think it's our best one."

Okkervil River has made its name on literate, orchestral indie-rock, a creative concoction that has proven to be extremely successful for other bands over the past year.

However, as they've watched their peers skyrocket to the top of the charts, the cerebral Texas outfit has yet to find a large audience, and the band's singer-songwriter Will Sheff says he's not necessarily expecting a commercial breakthrough with the group's newly released sixth record, I Am Very Far.

"This is something people say all the time," Sheff, 34, said in a telephone interview. "As we went through our almost 15 years of being a band, we would watch bands like the Decemberists and the Arcade Fire kind of be this tiny little band ... that would suddenly be five billion times bigger than us months later.

"At first, it was really frustrating because we felt like we had been doing our thing that we do for a really, really long time. And what got frustrating was people who hadn't heard of us (who) thought we were influenced by these bands that had half the lifespan of us or whatever.

"But at the same time, I never really wanted to be a mega-huge stadium rock star. I've really realized that the amount of constraint that you have to be under when you're trying to be successful, it's frustrating. You really have to stress about the perception of every last little thing you do. ... I didn't get into the music business to feel career pressure.

"I (like) the manoeuvrability that we have, where I basically get to do whatever ... I want, and if I want to make a record (of) throat singing and nobody buys it, I don't have to feel bad."

11

The 11 tracks on I Am Very Far achieve a grandiosity that was the result of ambitious studio sessions that occasionally featured two guitarists, two pianists, two drummers and seven guitarists playing simultaneously.

And yet, for all Sheff's hard-earned sovereignty, plenty of observers seem to think I Am Very Far might propel his band to new commercial heights anyway. The Guardian's four-star review asserted that Sheff and co. "seem intent on following the Arcade Fire route to mass accessibility," while the BBC called the band "Wilco waiting to happen" — before arguing that I Am Very Far would signal the band's arrival.

Sheff admits to having absorbed some of that positive press, and doesn't deny the subsequent relief that washed over him.

"It makes me really happy," he said. "When I was making this record, I was really aware that ... if you really loved (the band's previous albums) The Stage Names and The Stand Ins, that you might not like this record or it might not give you the exact same thing that you wanted.

"And I was aware that might make certain people disgruntled or something like that, so it was nice to see that people were responding to the record."

THE CANADIAN PRESS

Box office

Thor nailed down the No. 1 spot at the box office again. Paramount's 3-D superhero film starring Chris Hemsworth as Marvel's hammer-toting god of thunder earned US$34.5 million in its second weekend, according to studio estimates yesterday. That brings the total haul of Thor to $119.2 million, though not quite as impressive as fellow comic book hero Iron Man 2, which earned $211.2 million by its second weekend the same time last year. Universal's Bridesmaids, the raunchy comedy starring Kristen Wiig as a down-on-her-luck maid of honour, debuted above expectations in second place with $24.4 million.

THE ASSOCIATED PRESS

Bollywood documentary brings song and dance to Cannes Film Festival. Scan code for story.

Big shoes (and shirts) to fill for Kutcher

JEMAL COUNTESS/GETTY IMAGES

▶ Ashton Kutcher

There's a new man on the scene at Two and a Half Men. But is Ashton Kutcher man enough?

With Friday's announcement that Kutcher will be replacing Charlie Sheen, viewers could begin to wonder how he will be plugged into the hit sitcom's tight little world.

Can his particular appeal fill the void of the caustically droll Sheen? And just who the heck will his character be?

Neither CBS nor Chuck Lorre, the series' creator, were giving any hints as they confirmed the deal to bring Kutcher into a show where Sheen's character was the comic centre, portraying an advertising jingle writer with a playboy lifestyle and an overwrought brother. Kutcher, who first found sitcom stardom more than a decade ago on That '70s Show, specializes in puppy dog wholesomeness and laid-back, goofy sexiness. He's perhaps the anti-Sheen.

"We are so lucky to have someone as talented, joyful and just plain remarkable as Ashton joining our family," said Lorre, also the show's executive producer.

"If I was any happier, it'd be illegal."

"I can't replace Charlie Sheen," said Kutcher, adding that he plans to work hard "to entertain the hell out of people."

THE ASSOCIATED PRESS

Perspective

Brad Adgate, an analyst for the firm Horizon Media, gave his thoughts on Ashton Kutcher replacing Charlie Sheen on Two and a Half Men.

- "He's not a star, I don't think, the way Charlie Sheen is," Adgate said.
- "(But) it's a hit show and it's something worth trying before you pack it in," he said. "You just never know."

Metro goes
GAGA
tomorrow!
Lady Gaga, Global Guest Editor
metro

Getting behind the camera

Actress Famke Janssen makes her writing and directorial debut with Bringing Up Bobby ◗ Draws from her own experiences of moving to the U.S.

Getting downsized out of screen roles is inevitable for most actors — and particularly actresses — as they get into their 40s and beyond. With her writing-directing debut, Famke Janssen is taking the do-it-yourself route to ensuring she still has a film career.

Janssen's mother-son comic drama Bringing Up Bobby, starring Milla Jovovich, is playing in the huge movie market that accompanies the Cannes Film Festival, where the filmmaker hopes to find distributors to put it into theatres in the United States and elsewhere.

The 46-year-old Janssen aims for a career balance of acting and directing.

"I'm hoping that I can juggle both for a little bit, at least," Janssen said in an interview. "The older you get as a woman, the less parts you'll have just by nature. And then I really don't want to go down the whole plastic surgery route and become obsessed with the way I look, which is very much a part of being an actress, sadly.

Janssen, who played telepath Jean Grey in the X-Men franchise and a James Bond villain who crushes victims with her legs in GoldenEye, took a couple of years off from big-screen acting to raise money to get her own film off the ground.

Bringing Up Bobby stars Jovovich as Ukrainian con artist Olive, a brash, boisterous woman raising her young son in Oklahoma through a variety of schemes and grifts. Bobby (Spencer List) adores his mom, but Olive is forced to decide if he might have a better future in the custody of a grieving couple (Bill Pullman and Marcia Cross) who take an interest in the boy.

JOEL RYAN/THE ASSOCIATED PRESS

▶ Actress Famke Janssen poses for a portrait as she promotes the film Bringing Up Bobby at the 64th international film festival in Cannes, southern France.

Janssen wrote the screenplay based on a story idea she and her boyfriend, Cole Frates, came up with. A native of the Netherlands who moved to New York City to work as a model in her late teens, Janssen said she was inspired by her own experiences as an immigrant observing America, particularly in heartland states such as Oklahoma, where Frates grew up.

"I just wanted to play around with the idea of what is it like to look from the outside into a country? What's the perception?" Janssen said. "Then very much the idea of living the American dream, which I feel like I'm the perfect example of. America's a land of immigrants and people who come there with big dreams, and that's my journey. It's Olive's journey."

Potential financial backers asked Janssen why she did not simply play the lead herself. Janssen did that once on a short film she directed years ago and decided she did not want to work in front of and behind the camera at the same time again.

The workload becomes too heavy, and the demands of acting would have pulled her away from her duties as director, Janssen said.

She also got tired of looking at herself on film.

"I couldn't stand it in the editing room. 'Oh my God, me again. I can't! I'm terrible in this movie! I hate myself!"' Janssen said. "Also, I did not want to be in the makeup trailer. It's very different. There's a lot of men who direct movies and act in them, but they don't have to sit in the makeup trailer for two hours getting ready. ... I only wanted to be on set, and it was spectacular. I loved every minute of it."

Since finishing Bringing Up Bobby, Janssen has gone back to work as an actress for hire in Hansel and Gretel: Witch Hunters, a dark twist on the fairy tale in which the young siblings (Jeremy Renner and Gemma Arterton) grow up to become bounty hunters of the supernatural. Janssen plays the head witch in the action tale, due out next year.

Janssen said it was a challenge rejoining the troops and taking orders after being in charge on her own movie set. While she seeks out acting jobs to pay the bills, Janssen will be developing projects she can direct herself on the side.

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No longer Gaga over her man

Luc Carl joined pop star on tour, but stress of the road and Gaga's busy schedule were too much for the couple

After almost a year of dating, Lady Gaga and boyfriend Luc Carl have called it quits, she discloses to Graham Norton.

"No, I don't have a boyfriend and haven't been on any dates recently," the singer says during an interview on his BBC talk show.

Though Carl had been accompanying her on her recent tour, the stress of the road and Gaga's hectic schedule reportedly became too much.

But keeping busy is normal for the pop star: "At a certain point exhaustion becomes a state of being, and mentally I have to be strong and overcome it. It's like a cloud, a fog really, that hovers over me," she recently told V magazine.

"But in a way I will never escape it, because in truth when I do have to time to rest I end up writing a song, or editing a film or creating a new project for the fans to be involved in."

METRO

FREDERICK M. BROWN/GETTY IMAGES

▶ Lady Gaga and Luc Carl dated for almost a year.

Celebrity tweets

Today, Joy Behar is marking her calendar, Elizabeth Banks is looking to be entertained, and Conan O'Brien is feeling snubbed.

Joy Behar

"May is National Masturbation Month. Not that I need to tell you."

Conan O'Brien

"Oprah has revealed who the guest will be on her final show and it's not me. P.S. Congrats to whoever "Will Smith" is."

Elizabeth Banks

"I need something new to read. Tweeps, what's the next Hunger Games?"

Paris might be off Lilo's Christmas card list this year

Lindsay Lohan is still miffed over former friend Paris Hilton's dig at her during a promo for Hilton's new reality show.

"Lindsay is really trying to change her life for the better. This proves Paris will never change. She's always going to be mean and spiteful to other women," a source tells Popeater.

"Really, Paris had to make a wisecracks about Lindsay in a homeless shelter? It just shows how insecure she is." METRO

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Friends star back in rehab for the third time

Former Friends star Matthew Perry is planning a return trip to rehab, though it's more of a preemptive step than a result of a relapse, according to People magazine.

"I'm making plans to go away for a month to focus on my sobriety and to continue my life in recovery," Perry says in a statement to the magazine.

"Please enjoy making fun of me on the World Wide Web."

Perry has previously been to rehab twice, in 1997 and 2001, and has struggled with prescription medications and alcohol in the past.

METRO

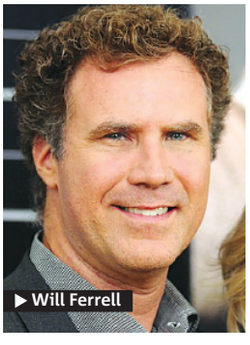
▶ Matthew Perry

Ferrell game for more Anchorman, execs not so much

Will Ferrell is completely flummoxed by Paramount Pictures' reluctance to green-light a sequel to Anchorman, he tells Popeater.

"I don't understand how they conduct their business," he says.

"I don't know what they think. Once again they don't comment either way, but it's not like it's coming from us unsolicited. We just keep getting asked so many times about it that we have to comment. We try to explain there's so much interest in a sequel, we're not making this up!" METRO



▶ Will Ferrell

Obama tight with Bieber

U.S. President Barack Obama may make a dream come true for the daughter of one of the Americans killed in the Sept. 11 terrorist attacks.

Payton Wall, 14, has always wanted to meet Justin Bieber. White House officials say the girl met Obama last week.

She mentioned she was a fan of Bieber and the president told her he knows the star and would introduce them.

A senior aide to Obama told ABC News that White House officials contacted Bieber's staff asking if the singer could meet Payton. TMZ reports that Bieber told the White House he will meet the girl. METRO

Spears' former manager wants her to testify

Britney Spears' former manager, Sam Lutfi, wants the singer to take the stand to testify that he was not the main force behind her mental breakdown, but Spears' parents believe she isn't mentally capable of giving a deposition, according to Billboard.

Lutfi, who believes the pop star is capable of speaking for herself, has demanded a psychological exam to prove it.

METRO

3 life

You need this

Air Hunterz Z-Curve Bow

TimetoPlayMag.com just released its Most Wanted toys for spring, and among the usual movie tie-ins — Cars 2 die cast cars, a Pirates of the Caribbean playset — is this realistic-looking bow and arrow, which can hit targets at up to 100 feet. The suction cup tips mean no one gets killed, but you still shouldn't aim it at people, even when your kids misbehave. For ages six and up. MWN

ZING TOYS
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Tips for easing back pain during pregnancy.

THE ASSOCIATED PRESS/ AL GOLDIS, FILE

▶ With emotions running high after graduation, there are just some things parents shouldn't say to their newest graduate.

What not to say to a graduate

After the caps and gowns have been hung up and diplomas have been framed, it's time for grads to find work ◗ As a parent you want to help, but some things are better left unsaid

The playing of Pomp and Circumstance is over.

The mortar boards have been thrown in the air.

And the diplomas are hung up on the wall.

Your son or daughter is now home and looking for work in his or her field during one of the toughest economic climates in decades.

How bad is it, exactly? In the U.S. in 2010, college graduates had a 9.4 per cent jobless rate. Before the recession it was 5.5 per cent.

Many grads have moved back home, and this spring is sure to see another wave of boomerang kids moving out of the dorm for the last time and heading reluctantly back to their old bedrooms.

This is not necessarily because they want to, but because they can't pay rent elsewhere on their own.

As a parent you want to help. But what to say?

It's an emotional time, and nerves may be frayed. You certainly don't want to start doing their laundry again, but you also don't want to provoke a fight.

With that in mind, here are 10 things *not* to say to a recent college graduate.

1 "I'm sure we all need a break from stress, but you need a job before you know what real stress is."

2 "Since you are applying for jobs now, you might want to remove those beer pong pictures from your Facebook page."

3 "Some time in the military never hurt the old resumé."

4 "You may recall that we were not thrilled with your choice of a creative writing degree, but your contention that we promised to support you until you sell your first novel does reveal a truly creative mind."

5 "Remember that I plan to retire in six years, and it's important that you be paying your share of Social Security by then."

6 "I don't care what your roommate told you. Not Everyone has a trust fund."

7 "I'm sure Tiffany's surgery will help her job prospects, but we are not paying for a nose job."

8 "It's too bad you didn't find a nice (man/woman) in college, because you'll never again be around so many eligible people." (On the other hand, asking, 'You're still with him (her)?' might not go over well either.)

9 "We forgot to mention we've turned your old room into our scrapbooking centre. How do you feel about sleeping on the couch and putting your stuff in a storage unit?"

10 "I heard that they're hiring ... in China."

THE ASSOCIATED PRESS

A taste of Asia in a warm salad

This grilled mushroom salad is ideal to serve with fish It also pairs well with any grilled meat

Used in this Grilled Oriental Mushroom Salad are a variety of assorted fresh mushrooms and a zesty Asian-style dressing.

Its zesty dressing makes the salad perfect to serve with grilled meat or fish.

However, it can also be served alone for a healthy lunch.

Preparation:

1. In a small saucepan, mix the oil, soy sauce, vinegar, garlic, mustard, onions and ginger root. Set the mixture set aside.
2. Pile the mushrooms in the centre of a large piece of heavy aluminum foil. Drizzle them with teriyaki sauce. Fold in edges and ends of the aluminum foil to seal well.
3. Barbecue mushrooms on high heat for 5 to 6 minutes or until steaming. Heat dressing on barbecue or stovetop just until boiling.
4. Divide salad greens evenly among 4 large salad plates. Top with warm mushroom slices and drizzle with hot dressing. Sprinkle sesame seeds on top. Serve immediately.

Tip: Prepare the dressing in a microwave-proof 500-ml (2-cup) bowl or glass measuring cup and heat until it is boiling.
The mushrooms could also be cooked in a 220 C (425 F) oven instead of on the barbecue.

THE CANADIAN PRESS/ MUSHROOMS CANADA (MUSHROOMS.CA)

THE CANADIAN PRESS/ HO

▶ Mushrooms and a zesty dressing are the stars of this salad.

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Ingredients:

- 45 ml (3 tbsp) each vegetable oil and soy sauce
- 75 ml (1/3 cup) rice vinegar
- 2 cloves garlic, minced
- 15 ml (1 tbsp) mustard
- 2 green onions, chopped
- 15 ml (1 tbsp) finely minced ginger root
- 500 g (1 lb) sliced assorted mushrooms (white, cremini, portobello, shiitake, oyster)
- 45 ml (3 tbsp) teriyaki sauce
- 4 l (16 cups) mixed greens
- 15 ml (1 tbsp) sesame seeds

A diet of pure plastic

Many sea animals eat plastic, mistaking it for food A shocking sight: seabirds' bellies are bursting with our everyday plastic

ELISABETH BRAW
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Jan van Franeker spends his day examining the stomachs of dead seabirds. He doesn't see many small fish there. Instead he finds plastic — and in large amounts.

"Birds have an average of 0.3 grams of plastic inside their stomachs," van Franeker explains. "That may not sound a lot, but if you translate that into human terms, it's like having a lunch box full of plastic inside your gut."

Franeker, a marine biologist at Holland's Institute for Marine Resources and Ecosystem Studies, specializes in the Northern fulmar, a seabird found in the North Atlantic.

The fulmars are not alone in eating plastic. Other birds, dolphins and seals encounter plastics in their feeding areas and mistake it for food. Even whales have been discovered with stomachs full of plastic bags. They've been munching plastic since the material began littering our oceans some 50 years ago. Even today, ships off the coasts of developed countries continue to dump their waste into oceans. Every year, 20,000 tons of waste is dumped in the North Sea alone.

When RW Henry analyzes the stomachs of dead albatrosses, he finds all sorts of things, from toothbrushes to plastic skulls.

Once he even discovered a plastic Buddha.

"Albatrosses take their food from the ocean surface," explains the scientist from University of California, Santa Cruz.

"They eat dead fish that has floated up, and plastics don't look that different. Sometimes the plastic ruptures their stomach, but many birds also die because they've eaten so much plastics that there's no space for food."

Biologists face a research challenge as marine animals are always mobile.

"How many animals affected by trash is a problem that we're just starting to quantify," Henry says.

Between 1999 and 2008, plastic rubbish in the world's oceans increased by 700 per cent.

ISTOCK PHOTO

▶ Seabirds are increasingly being found with stomachs full of plastics.

Impact lost in the lecture?

Education leaders meet at the University of British Columbia to explore new ways of keeping students longing to learn

Physics instructors should get away from university lectures and instead engage students with an approach that involves clicker response questions, small group tasks and class discussion, says Nobel prize winner Carl Wieman.

And to do otherwise is "bad teaching," he says.

Wieman and colleagues at the University of British Columbia compared the standard lecture format for classes of 200-plus students with the experimental "deliberate practice" approach for a week on two large sections of an introductory undergraduate physics course.

Students in both groups covered the same material during Week 12 of the course and wrote identical tests, but there was better attendance, higher engagement and twice the learning in the section taught using the new approach.

"It's really what's going on in the students' minds much more than who's standing in front of them," Wieman said from Washington, D.C.

The lecture course was led by a highly rated charismatic faculty member, but the experimental course for the week was led by Louis Deslauriers, a trained but inexperienced postdoctoral student, assisted by Ellen Schelew – both co-authors of the study.

When asked if the approach should be used in high school and other university-level science classes, Wieman said the methods should be used everywhere.

"This is clearly more effective learning. Everybody should be doing it. It should be wholesale transformation," he said.

▶ Some experts such as Dr.Weiner contest that simplistic lecturing is sy

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ISTOCK

nonymous with 'bad teaching.'

"You're practising bad teaching if you're not doing this. That's what the data says. It's high time everybody changed."

Wieman won the 2001 Nobel Prize in Physics for the creation of a new form of matter, and is currently on leave from positions at UBC's Vancouver campus and the University of Colorado. He's working for the Obama administration as associate director for science in the White House Office of Science and Technology Policy.

The control class met twice a week for an hour and a half, and the experimental class met three times a week for an hour.

Before Week 12, the experimental class also had an experienced instructor who used a lecture style, and both classes were comparable in terms of number of students enrolled, midterm scores, attendance and observations of how engaged they appeared to be.

At the end of the week, test scores were 41 plus or minus one per cent in the control section and 74 plus or minus one per cent in the experimental section.

Deslauriers said the energy in the class and the excitement of the students made for a great learning environment.

"However, one of the consequences of having students work in groups on carefully designed activities and being in this kind of active learning environment is a direct increase in the sophistication of their questions, so as an instructor you really have to be on your toes," he said from Vancouver..

THE CANADIAN PRESS

WILL POWERS/THE CANADIAN PRESS

"It's really what's going on in the students' minds much more than who's standing in front of them."

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Face it, work and the Book just don't click

Overusing social media at the office? Always keep in mind that someone might be watching you do so

DREW HINSHAW
LIFE@METRONEWS.CA

ISTOCK

▶ Take a moment to discover something more productive when you choose to put your mind on pause.

So you thought you could sneak in some Facebook time on the company dime? Perhaps you might want to think again.

Workers who reckon they can tweet on the clock are just cuckoo, career coaches warn. Spiteful higher-ups could be watching, and should you waste too much time scrolling through Twitter feeds you could find yourself checking into your apartment, searching for jobs.

"That's the number one thing people don't consider," says Sue Thompson, a work life coach. "Someone is watching you – and they have a right to."

"It all comes down to knowing your organizational culture," Shirin Khamisa, founder of Careers By Design, adds.

Many a manager, she notes, may take a laissez-tweet posture toward their employee's time. Others may expect you to keep a clean profile – and use it to relentlessly promote the company.

And still others, Thompson warns, may have your page history wiretapped and scrutinized as they prepare a case for your dismissal – dishonourably discharged for too much dilly-dallying.

"Your boss may be getting a report each month about how many of their employees are on the Internet each day," Thompson cautions.

"Your boss may be getting a report each month about how many of their employees are on the Internet each day."

SHIRIN KHAMISA, FOUNDER OF CAREERS BY DESIGN

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Breaking habits

There are no miracle come-down drugs for an Internet fix, Sue Thompson says – "just discipline."

"Look, this is work, and you have to have the discipline to say to yourself, 'I will not check Twitter until I go to lunch and check it on my phone,'" she says.

But for companies that do permit Facebook in moderation, the harder task can be limiting the fraction of the workday you squander online.

We all need little midday breaks, Psychology Professor Tim Pychyl notes, and we take them constantly, whether consciously or not. "That's part of our nature," he says.

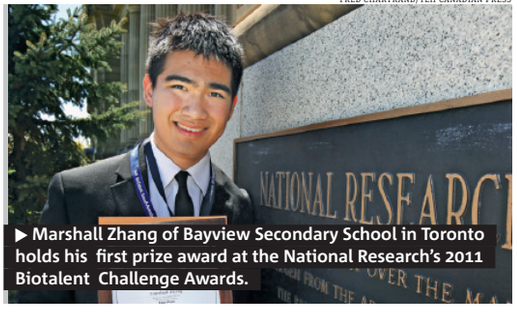
The trick, he offers, is to find novel ways of procrastinating: like taking a walk, or calling a friend.

"You acknowledge that break more by picking up the phone and dialing it," he explains.

"You have to know what energizes you," Khamisa agrees, and it's likely not more screen time.

Student scientists shine in national contest

FRED CHARTRAND/THE CANADIAN PRESS



▶ Marshall Zhang of Bayview Secondary School in Toronto holds his first prize award at the National Research's 2011 Biotalent Challenge Awards.

The discovery of a drug cocktail that might have potential some day to help patients with cystic fibrosis (CF) took first place last Tuesday at a national science contest, and a method of making vegan sorbet was the runner-up.

The judges were left in awe at the level of science that participants brought to bear at a young age, said the chair of the judging panel, Dr. Luis Barreto, former vice-president of immunization and science policy at Sanofi Pasteur.

The students are driven by curiosity and "we know the future of Canada is in good hands as Canada looks into creating the R and D strategy for the country," he said in an interview after the awards were presented at the National Research Council Canada laboratories in Ottawa.

"The constant feeling with all the judges was I would hire these guys not as my summer student but as my post-doc ... every one of them. It was very difficult to actually identify the first five."

Marshall Zhang, a Grade 11 student in Richmond Hill, Ont., used the Canadian SCINET supercomputing network at the Hospital for Sick Children in Toronto to identify how two drugs interacted with a specific part of a mutant protein that's responsible for most cases of CF.

He then proved what he'd found using living cells in culture.

THE CANADIAN PRESS

Having a hunger for life

How taking a step back helped this BBQ maverick find a delicious medium between the workplace and the things that really matter most

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

Six years ago Ted Reader seemed to have it all. "The King of the Q" had built an empire around his name and smokin' personality, writing award-winning cookbooks, starring on television and touring North America. But Ted was desperately unhappy. "I was on the phone, travelling, and working hard. I was carrying some weight and I was angry and bitter all the time." Reader took stock of his life and realized he had reached a turning point. He downsized his business, went back to his BBQ and started to cook.

▶ Ted Reader, award-winning chef, author and entertainer.

Today he's a happy man, husband and the father of two young children. His cookbooks, sauces and spice rubs fly off the supermarket shelves. "I'm living life and I'm having a good time at it. I want to share that with people. I'm working harder today than I ever have but I'm having fun."

This long weekend take two servings of family and friends; add a dash of inspiration and lots of laughter. Head to the BBQ and you'll be cooking up Ted Reader's recipe for success.

The perfect steak

Ted's tips:

- Buy the best quality meat you can afford.
- A two inch steak is perfect.
- Heat grill to 650+ degrees Fahrenheit.
- Sear one minute each side with the lid open.
- Put other burners on "high" and close the lid.
- 12 minutes for a rare steak
- Let them rest for five minutes for medium rare.
- Enjoy!

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Administrative Assistant Thursday, May 19, 3:30 p.m. – room 622	Downtown
Drafting Technician programs Tuesday, May 24, 4:30 p.m. – room 724	Downtown
Wednesday, May 25, 1p.m. – room 724	Downtown

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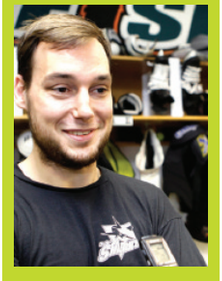

"I'm probably going to hear a lot worse on the ice ... There's going to be a lot of talk throughout the series, I'm sure."

SHARKS FORWARD KYLE WELLWOOD, BEFORE THE GAME, ON TRASH TALK HE HIS BEEN EXCHANGING WITH HIS FORMER VANCOUVER TEAMMATES.

HARRY HOW/GETTY IMAGES

▶ Henrik Sedin scores the game-winning goal against the Sharks yesterday.

FIRST BLOOD

Pair of third-period goals gives Canucks comeback win over Sharks in Game 1
Bieksa credits 'almost unstoppable' Sedins for igniting the Canucks' offence

Henrik Sedin and Kevin Bieksa scored goals 79 seconds apart in the third period as the Vancouver Canucks battled back to defeat the San Jose Sharks 3-2 yesterday in the opening game of the NHL's Western Conference final.

The quick goals pumped some energy into a game that had lacked excitement. Maxim Lapierre had the other Vancouver goal.

Joe Thornton, with a goal and an assist, and Patrick Marleau, on the power play, scored for San Jose. The Sharks led 2-1 after 40 minutes.

Game 2 will be in Vancouver on Wednesday. The best-of-seven series moves to San Jose for games Friday and Sunday.

CANUCKS	SHARKS
3	2

Sedin put Vancouver ahead 3-2 on a power-play at 8:21 of the third after Dany Heatley was called for elbowing. The Canuck captain took a pass from defenceman Christian Ehrhoff and flipped a backhand past Shark goaltender Antti Niemi for just his second goal of the playoffs.

"We're here to score goals and produce. That's tough do in the playoffs," Sedin said. "I think a lot of games we played well and had our chances but pucks haven't gone our way. Tonight we started out being minus-1 after the first two. That's a tough start but we battled back."

Ryan Kesler started the play by keeping the puck in the Shark zone along the boards.

"I couldn't be more happy for Hank for that goal," Kesler said. "He's been working hard, doing all the right things. For him to finally get one, it's good."

Bieksa tied the game at 7:03. He took a pass from Alex Burrows and then launched a rocket past Niemi's stick side.

Bieksa credited Henrik Sedin and twin brother Daniel for igniting the Canucks' offence.

"The twins got going," he said. "When the twins get going like that they are almost unstoppable. They could of had three or four tonight."

Kesler was glad to see the Sedins with strong performances after they struggled somewhat last series against the Nashville Predators.

"Those guys always lead by example," said Kesler, who was an offensive force against the Predators. "They were playing well for us. They just weren't getting the bounces. It all even outs in the end."

The game lacked the emotion and offensive fireworks the teams usually generate. It took's Bieksa's goal before the towel-waving, sellout crowd of 18,860 made much noise.

"We didn't spend enough time in their end," Heatley said. "We didn't do a very good job of keeping it in their end and making them play down there for very long." THE CANADIAN PRESS

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JONATHAN DANIEL/GETTY IMAGES

▶ Bulls players celebrate last night in Chicago.

Bulls blow past Heat in Game 1

Frustrated by a rough start, Derrick Rose stood up at halftime and apologized to his teammates. As makeups go, they'll take it.

Rose scored 28 points, Luol Deng contained LeBron James and the Chicago Bulls struck first in the Eastern Conference finals, pulling away to beat the Miami Heat 103-82 in Game 1 last night.

The Bulls are off to a good start after sweeping the Heat during the regular season. They went on a 10-0 run midway through the third quarter, then pulled away in the fourth.

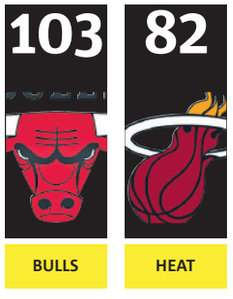
As the final minutes ticked away, fans chanted "Over-rated!" and "Beat the Heat!"

Rose settled down after committing three of his four turnovers in the opening minutes and showed why he is the MVP. He hit three three-pointers and the Bulls converted 10 of 21 in all.

As for his apology?

"It was on me," Rose said. "Careless turnovers. You can't do that against this team. When they get into the open court, they're too dangerous ... I'm the point guard. I've got to do way better."

45 **The Bulls pounded the Heat in rebounds, 45-33, grabbing 19 on the offensive end while outscoring them 31-8 on second-chance points.**



Deng had 21 points. He hit four threes, had four steals, seven rebounds and simply put the clamps on the King, holding James to 15 points on 5-of-15 shooting.

"Definitely to guard a guy like that, the whole defence has to stay focused," Deng said. "There were times we switched and times we forced him into the double. Our bigs were great at forcing him into the front."

Chris Bosh led Miami with 30 points and nine rebounds. Dwyane Wade scored 18 points, but the Heat simply were overmatched down the stretch.

THE ASSOCIATED PRESS

Boogaard's brain donated to science

Minnesota hockey fans planned a memorial for Derek Boogaard last night to honour the former NHL tough guy who was found dead in his apartment last week, five months after a season-ending concussion that left his family wondering if his career as an enforcer had damaged his brain.

Boogaard's agent and a spokeswoman for the Boston University School of Medicine confirmed yesterday that the family of the 28-year-old forward agreed to donate his brain to researchers, who will look for signs of a degenerative disease often found in athletes who sustain repeated hits to the head.

"It's an amazing thing he did and his family did. Hopefully, that'll bring some information," agent Ron Salcer told The Associated Press. "We don't know exactly the impact that the concussions might have played."

Boogaard, who missed the last half of last season with the New York Rangers due to a concussion, was found dead in his Minneapolis apartment Friday. Police said there were no outward signs of trauma; results of an autopsy are expected to take several weeks.

So far, the only indication that Boogaard's death might be related to concussions is the fact that his family signed papers to donate his brain to the BU Center for the Study of Traumatic Encephalopathy. The donation was first reported by the Star Tribune of Minneapolis.

THE ASSOCIATED PRESS

Djokovic beats Nadal to lengthen 2011 streak

Novak Djokovic continued his recent mastery over top-ranked Rafael Nadal with a 6-4, 6-4 win in the Italian Open final yesterday that stretched the Serb's unbeaten start to the year to 37 matches.

The second-ranked Djokovic has beaten Nadal in all four finals they have played this year and defeated the Spaniard for the first time on clay in last week's Madrid Open final.

Djokovic is now the first player to beat Nadal on clay twice in the same year, a feat that comes exactly a week before the French Open starts.

"I definitely am amazed with my playing," Djokovic said. "But there's no time to enjoy it — I've got to get ready for Roland Garros."

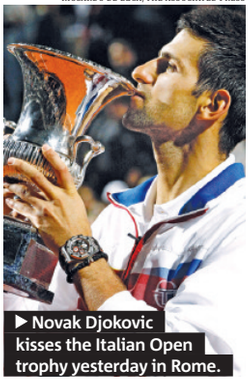
Djokovic's edge over Nadal could enable him to overtake his rival for the No. 1 ranking the week after the French Open.

"He's doing amazing things. Every match he's very tough mentally and physically," Nadal said. "I'm doing everything I can. I can't ask myself anymore now. I'm doing very well but one player is doing better than me. I am waiting every week to try solutions, so let's see."

Djokovic's streak this year trails only John McEnroe's 42-0 start in 1984. Overall, Djokovic has won 39 consecutive matches stretching back to Serbia's Davis Cup triumph in December, sixth best in the Open era, seven behind Guillermo Vilas's record set in 1977.

THE ASSOCIATED PRESS

RICCARDO DE LUCA/THE ASSOCIATED PRESS



▶ Novak Djokovic kisses the Italian Open trophy yesterday in Rome.

Bruins still upbeat after Game 1 loss

Boston drawing on comebacks from previous series for inspiration

Deficits have been easy for the Boston Bruins to overcome so far in the playoffs.

So now that they trail the Tampa Bay Lightning 1-0 in the Eastern Conference finals, the Bruins are preparing for tomorrow night's Game 2 the same way they have every other time they've trailed since the playoffs started.

"We're a confident group here. Nothing seems to rattle this group," centre Chris Kelly said yesterday during off-day media availability at the TD Garden. "We go out and play each game hard and see what happens after 60 minutes, or however long it takes for the game to finish, and look for the next one."

"We're this far because we're good enough to be this far. And we just got to make sure we bring our 'A' game next game."
BRUINS COACH CLAUDE JULIEN

The Bruins lost Game 1 at home to the Lightning on Saturday, 5-2. In this post-season they trailed two games to none in the first round to Montreal and were down by two goals in Game 4. They won that game and went on to win the series in seven games.

Against Philadelphia in the second round, the Bruins were up 1-0 in the series but down two goals in Game 2. They won in overtime on their way to a sweep.

A year after blowing a 3-0 lead against Philadelphia in the East semifinals, the Bruins have managed to keep looking forward.

"In the playoffs, it's very valuable for teams to turn the page quickly and to worry about the day that they're in, not about what they have done, whether it's a mistake or whether it's a good thing," defenceman Andrew Ference said. "You just kind of move on and live for the day."
THE ASSOCIATED PRESS

Lightning

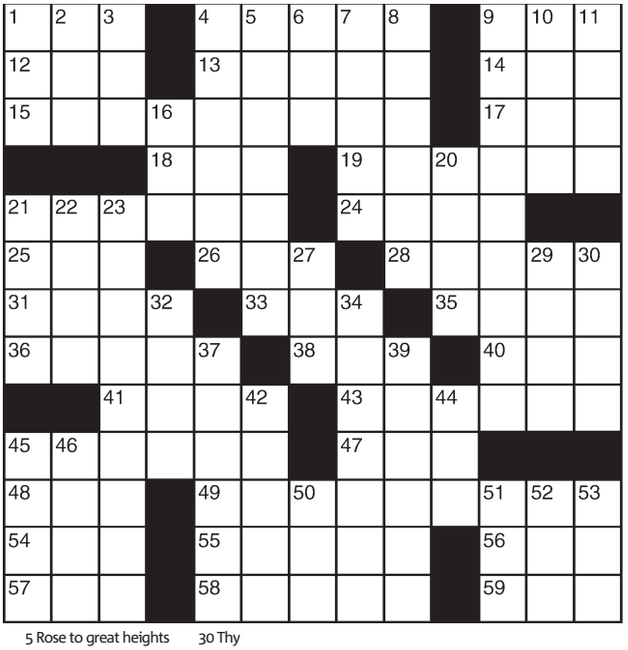
The Lightning have also proven they're a resilient bunch.

- Tampa Bay trailed its first-round series 3-1 to Pittsburgh.
- Since rallying past the Penguins in seven games, the Lightning have run their winning streak to eight games heading into Game 2 with the Bruins.

MIKE STOBE/GETTY IMAGES

▶ Dominic Moore of the Lightning faces off against Gregory Campbell of the Bruins in the second period of Game 1 on Saturday.

Crossword



Across

1 Marshland
4 Trusty horse
9 Easter entree
12 "Hail, Caesar!"
13 Individually owned apartment
14 Exist
15 Scary party time
17 Allow
18 Summer (Fr.)
19 Simoleons
21 Angora yarn
24 Upper limbs
25 Lawyers' org.
26 — Lingus
28 Wait patiently
31 Game played on horseback
33 Newcomer to society
35 Poi base
36 Alabama city
38 Evergreen type
40 Greek cross
41 Crumbly earth
43 Teen's wall decoration
45 Opportunity
47 Tribute in verse
48 That woman
49 Spice Girl Geri
54 Noah's boat
55 Bottled water brand
56 Storm center
57 Two (Sp.)
58 Prognosticators
59 Small barrel

Down

1 "Humbug!"
2 Eggs
3 Come together
4 Nova —
5 Rose to great heights
6 Away from WSW
7 Plant swelling
8 Philanthropists, e.g.
9 Austrian city important in the Iron Age
10 Neigh-borhood
11 Christian denom.
16 Meadow
20 Leave out
21 Charts
22 Reed instrument
23 Distinguishing characteristics
27 Ump
29 Scottish hillside
30 Thy
32 Muscat's country
34 Manic-depressive
37 McDonald's logo
39 "The Thinker" and "The Kiss," e.g.
42 Go
44 Stitch
45 African nation
46 Medal earner
50 Falsehood
51 "A mouse!"
52 Caustic solution
53 Journey segment

▶ Yesterday's answer

F	A	A	■	G	E	M	■	T	E	E	T	H		
A	D	D	■	A	X	E	■	A	L	G	A	E		
C	H	I	■	F	I	N	A	L	F	O	U	R		
T	O	E	■	F	L	I	C	K	■	■	■	■		
S	C	U	M	■	E	N	E	■	T	R	U	E		
■	■	■	O	L	D	■	S	P	H	I	N	X		
T	A	B	O	O	■	■	■	O	R	B	I	T		
E	P	O	N	Y	M	■	D	I	E	■	■	■		
N	E	W	S	■	A	G	A	■	E	X	I	T		
■	■	■	■	A	G	E	N	T	■	E	R	E		
L	A	S	T	D	I	T	C	H	■	N	O	N		
I	D	A	H	O	■	T	E	E	■	I	N	S		
S	E	X	E	S	■	O	R	E	■	A	Y	E		

Sudoku

	6		3		7			5
				8		3		2
				4		9	6	
	9						8	7
			7		4			
4	1						5	
	4	1		9				
6		3		2				
9			8		3		1	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	2	3	8	6	9	7	4	5
6	5	7	2	4	1	9	3	8
8	9	4	5	7	3	6	1	2
3	8	5	6	1	7	2	9	4
7	4	2	3	9	8	1	5	6
9	1	6	4	2	5	8	7	3
4	6	1	7	3	2	5	8	9
2	7	8	9	5	4	3	6	1
5	3	9	1	8	6	4	2	7

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Dear Tumbleweed,
I am a lucky guy to have you back in my life, and I hope you feel the same way. I love you and I cherish each and every moment we have together. Te estrano, Te amo!
FROM CARLOS JUNIOR

OMG! Matt you are cute, funny, adorable and soo much more! I hope that if you see this you won't get too creeped out!
THE DARK SIDE

What I said that night in Montreal was true. I was more asleep than awake and you weren't really supposed to hear it, but I meant it.
If things don't work now, maybe they will later. Either way, I'm so painfully happy to have gotten to know you like this.
FROM CURLY BRACKET

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 If you need some extra cash you will find ways to get it today.

♉ Taurus April 21-May 21 What yesterday seemed so vague will become crystal clear today.

♊ Gemini May 22-June 21 What happens today may look like bad news but this particular cloud has a huge silver lining.

♋ Cancer June 22-July 22 If you find yourself at odds with the status quo today that's a good sign. Be a catalyst for change.

♌ Leo July 23-Aug.23 Stand up and speak up for what you believe in. The more others try to shout you down the more you know they have something to hide.

♍ Virgo Aug. 24- Sept. 22 If you feel in need of a break now is a good time to start making plans.

♎ Libra Sept. 23-Oct. 23 You want nothing more than to be left alone with your thoughts.

♏ Scorpio Oct. 24-Nov. 22 Some of the things you have to say today won't go down too well.

♐ Sagittarius Nov. 23-Dec. 21 Be secretive about your plans. You can be too chatty sometimes.

♑ Capricorn Dec. 22-Jan. 20 Any doubts about what you are doing will disappear over the next 24 hours.

♒ Aquarius Jan. 21-Feb. 18 A Venus-Mercury conjunction will help you say the right things to people you love.

♓ Pisces Feb. 19-March 20. You have become a bit too predictable of late and need to do something to remind people that you are not to be taken for granted. Think about it. **SALLY BROMPTON**

Caption contest

RON JENKINS/THE ASSOCIATED PRESS

DAPDTIMUR EMEK/THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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